NSW GOVERNMENT

CORONAVIRUS (COVID-19) FACTSHEET

What are the symptoms of COVID-19?

Fever, cough, tiredness, shortness of breath and other symptoms.

In more severe cases, infection can cause pneumonia or severe respiratory distress.

How is it spread?

COVID-19 virus is spread through contaminated droplets spread by coughing or sneezing, or by contact with contaminated hands, surfaces or objects.

How is it prevented?

You should:

- Clean your hands for at least 20 seconds with soap and water, or an alcohol-based hand rub.

- Cover your nose and mouth when coughing and sneezing with tissue or a flexed elbow.

- Avoid close contact with anyone with fever, cough or flu-like symptoms.

- Practice social distancing, for example by avoiding crowds, mass gatherings, handshakes, hugging or kissing.

What do I do if I am feeling unwell?

Stay home if you are feeling unwell.

If you develop a fever, cough, tiredness or shortness of breath within 14 days of overseas travel, seek medical attention.

- Call your GP

- Visit the Emergency Department

- Call Healthdirect 1800 022 222

- If you require translation services please call 131 450.

Who should get tested?

People with fever, cough or flu-like symptoms who are returned travellers, or a contact of a confirmed case, be tested for COVID-19.

Where can I get tested?

Samples for testing can be taken directly by GPs or at a range of private pathology sites across the state that are suitable for collection of COVID-19. COVID-19/flu clinics have also been established at a number of public hospitals across NSW, but you should call your GP first before visiting one of these.

If you require further information you can call the COVID-19 Federal Government Hotline: 1800 020 080

If you require medical assistance call ahead to your GP or emergency department, or call Healthdirect on 1800 022 222.

For more information go to www.health.nsw.gov.au